

Curriculum Vitae

Personal Information



João Miguel Mendes Faria Paulos Varela

 Faro

 joaomfvarela@gmail.com

Date of Birth 30/06/1991 |

Nationality Portuguese

EDUCATION AND TRAINING

Started in 2009 and completed in 2012

Degree in psychology

Faculty of Human and Social Sciences of the University of Algarve

Final average of fourteen (14) values, qualification of Good.

Started in 2012

Frequency of the Master 's Degree in Clinical Psychology

Faculty of Human and Social Sciences of the University of Algarve

Completed the curricular part in the academic year 2013/2014.

Concluded in 2009

Course of Science and Technology's 12th year,

Secondary School João de Deus, Faro

Final average of 15.8 values.

PROFESSIONAL EXPERIENCE

2017 - Present

Coordinator of the regional division of Centro de Vida Independente - Algarve

2013 - 2014

Frequency of Curricular Internship in Clinical Psychology

Department of Psychiatry and Mental Health of the Hospital Center of the Algarve, Faro

In this context, he experienced different situations that allowed him to develop competences in the individual and group psychological intervention, which were the result of the individual psychological intervention; the application of tests and techniques of psychological evaluation; psychological evaluation reports, among other very fruitful and determining experiences.

PERSONAL SKILLS

Mother language

Portuguese

Other languages

English - Fluent (spoken and written)

Communication and social skills

- Team spirit and communication skills acquired through personal experience in interaction in different social and academic contexts that has integrated throughout his life, especially during the training he has already done.
- Spirit of mutual help and adaptability to new experiences and multicultural environments.

Organizational skills

- Ability to work in a team acquired through personal experience, especially through personal experiences in the different contexts that have integrated throughout his life, especially during the training he has already done.

Computer skills

- Good command of Microsoft Office software from the user's perspective (*word, excel*).
- Advanced knowledge of the graphical application (PowerPoint).
- Advanced knowledge of the statistical analysis program SPSS *Statistics*.
- Good domain of most used browsers and emails.

ADDITIONAL INFORMATION

Participation in Seminars and Events

- International Meeting promoted by the European Parliament on "Human Rights: a reality for all persons with disabilities?" held on October 17th, 2018 in Brussels, Belgium.
- International Colloquium "Deficiency and self-determination: the challenge of Independent Living " which took place on the day June 19, 2018, at the Auditorium Montepio in Lisbon.
- Meeting promoted by the European Network on Independent Living (ENIL) on "Founds for Our Rights" held on June 14 and 15, 2018 in Brussels, Belgium.
- XII Meeting of Psychology in the Algarve - Health and Welfare: Contemporary Perspectives of Psychology, held on April 17 and 18, 2013, at the University of Algarve, Faro.
- Workshop entitled "Identification and Intervention in Situations of Child Abuse and Neglect", held on April 17, 2013, at the XII Meeting of Psychology in Algarve - Health and Welfare: Contemporary Perspectives of Psychology at the University of Algarve, in Faro.
- X Meeting of Psychology in the Algarve - Challenges in Psychological Intervention in a crisis situation that took place on May 18 and 19, 2011, at the University of Algarve.
- IX Meeting of Psychology in the Algarve - Gerontology and Aging, held on May 19 and 20, 2010, at the University of the Algarve, Faro.